# At Home Activities For Children Ages 12 to 24 months

## Let’s Talk
### Language & Communication Activities
- **Read a book to your child.** Show your child the pictures. Describe the pictures that you see.
- **While holding a toy phone give your child the opportunity to initiate a conversation.** Pretend to have a short phone conversation.
- **Have your child touch your face.** Name the parts of your face as they touch it. Ex. Eyes, nose, mouth
- **Engage in positive talk to your child about their choices during play.** Example “I noticed you are using a blue crayon on your white paper.”
- **Sing familiar songs and nursery rhymes with your child.**
  - [https://www.youtube.com/watch?v=X6rzXuQMASY&t=20s](https://www.youtube.com/watch?v=X6rzXuQMASY&t=20s)

## Brain Works
### Cognitive Development Activities
- **Play the “What is that?” game by pointing to clothing, toys, body parts, objects or pictures with your child.** Name the item.
- **Imitate a clap, tap, clap, tap pattern with you.**
- **Put several plastic containers in your child’s bath.** Allow your child to explore sinking, floating, dumping and pouring.
- **Play the “show me” game when looking at books.** Ask your toddler to find objects in a picture. Take turns. Let them turn the page.
- **Let your child “help”.** Encourage them to find their shoes or get the diaper.

## Body Works
### Physical Development Activities
- **Use crayons to color with your child.**
- **Allow your child to throw, push and squeeze various soft items such as balls, blocks and soft items.**
- **Create a toddler obstacle course for them to run under, step over, etc.**
- **Use a ball to roll, throw and kick with your child.**
- **Draw a circle with chalk outside.** Have your child try to jump on, over, in and out of the circle.

## Friends & Feelings
### Social & Emotional Development Activities
- **Play Peek-a-Boo.** Show different emotions when you uncover your face. Laugh, smile and frown.
- **Encourage your child to put their toys away with simple directions.** Show them how to clean up when asked.
- **Hold your child facing you and sing a familiar song.** Use hand motions as you sing and encourage them to copy you or clap along.
- **Sing a song with your child about cleaning up as you complete it together.**
  - [https://www.youtube.com/watch?v=whrNJH8S-Ys](https://www.youtube.com/watch?v=whrNJH8S-Ys)
- **Ask your child questions that prompt them to think about how they feel.** “How are you feeling today?”