

At Home Activities For Children Ages 12 to 24 months

 <p>Let's Talk Language & Communication Activities</p>	<p>Read your child's favorite Imagination Library book with them.</p>	<p>Sing familiar songs and nursery rhymes with your child. https://www.youtube.com/watch?v=X6rzXuQMASY&t=20s</p>	<p>Make every moment a talking moment, while cooking or completing chores around the house.</p>	<p>Take a moment with your child and notice five things you can see, hear or feel in your environment. You may say, "I can hear the cars driving by, I hear the birds outside. I see the TV; I feel the air on my face."</p>	<p>Play "I Spy" with your child outside using descriptive words to help your child guess each item.</p>
 <p>Brain Works Cognitive Development Activities</p>	<p>Encourage your child to sing simple songs and nursery rhymes.</p>	<p>Show your child how to put a lid on a pot. After your child is successful putting on the lid, add a second lid of a different size. See if your child can figure out which lid to put on the pot.</p>	<p>Play the "What is that?" game by pointing to clothing, toys, body parts, objects or pictures with your child. Name the item.</p>	<p>Show your child 2-3 items. Have them close their eyes while you remove an item. When they open their eyes, ask them what is missing.</p>	<p>While outside, ask your child to touch items in nature and describe how they feel. Encourage words like rough, sticky, soft, etc.</p>
 <p>Body Works Physical Development Activities</p>	<p>Get on the floor with your child and crawl around. See if you can persuade them to crawl with you. Pretend to be a dog or a cat, say "woof, woof" or "meow."</p>	<p>Use crayons or sidewalk chalk with your child.</p>	<p>Get a bucket or basket (laundry basket) and a ball. Allow your child to toss the ball into the basket.</p>	<p>Allow your child to spend time outside running and jumping.</p>	<p>Give your child some crayons and a piece of paper to draw. Discuss what they are drawing.</p>
 <p>Friends & Feelings Social & Emotional Development Activities</p>	<p>Holding, cuddling and hugging your child is a great stress reliever and allows your child to feel safe and secure in your arms, and you are silently communicating trust.</p>	<p>Encourage your child to put their toys away with simple directions. Show them how to clean up when asked.</p>	<p>Play with mirrors with your child. See if they smile and point to themselves in the mirror. Have them make different expressions.</p>	<p>Give your child hugs and say things that you like about them throughout the week. I like your smile; I love your laugh, I love your skin, or you are so smart.</p>	<p>Take a few minutes and take care of yourself this week.</p>