





# At-Home Activities for Children 3 Years Old

 <p><b>Let's Talk</b> Language &amp; Communication Activities</p>	<p>Watch "The Gingerbread Man". <a href="https://www.youtube.com/watch?v=pckuS--UjV4">https://www.youtube.com/watch?v=pckuS--UjV4</a> Ask them questions about the story, for example, what would you do to catch the Gingerbread Man?</p>	<p>Ask your child to draw a gingerbread man and describe what features they drew.</p>	<p>After listening to "The Gingerbread Man", ask your child to pretend that they are a gingerbread man on the run. Ask the child, "If you were a gingerbread man, where would you hide so nobody could find you?"</p>	<p>Ask your child to describe in detail things they see on a walk outside.</p>	<p>After listening to "The Gingerbread Man", ask your child to come up with a different ending to the story.</p>
 <p><b>Brain Works</b> Cognitive Development Activities</p>	<p>Ask your child to select their favorite book and read the story to you. Follow along and support your child with remembering the sequence of the story.</p>	<p>After watching "The Gingerbread Man", encourage your child to recall in order which characters the Gingerbread Man came across. Ask your child who came first, second, and third.</p>	<p>Write numbers (1-10) on pieces of paper. Shuffle the pieces and lay them on a table. Say a number and ask your child to pick up the number you say.</p>	<p>Give your child several paper shapes (circles, squares, triangles, rectangles, ovals). Ask your child to make a picture with the shapes. Encourage your child to say the name of the shape they are using.</p>	<p>Ask your child to count as many objects as they can around the house or outside.</p>
 <p><b>Body Works</b> Physical Development Activities</p>	<p>Ask your child to pretend to be the Gingerbread Man and run as fast as they can!</p>	<p>Get a bucket or basket (laundry basket) and a ball. Allow your child to toss the ball into the basket. Use tally marks to keep score of how many times they score.</p>	<p>How to play hopscotch! <a href="https://www.youtube.com/watch?v=fZzswQaICfM">https://www.youtube.com/watch?v=fZzswQaICfM</a></p>	<p>Turn on some music and have a dance party inside or outside. Encourage your child to move to the beat of the music.</p>	<p>Gingerbread Man Yoga <a href="https://www.youtube.com/watch?v=aIODIW EoH2E">https://www.youtube.com/watch?v=aIODIW EoH2E</a></p>
 <p><b>Friends &amp; Feelings</b> Social &amp; Emotional Development Activities</p>	<p>Watch <i>Feeling Worried</i> and practice deep belly breaths. <a href="https://youtu.be/cHdNB6zqewU">https://youtu.be/cHdNB6zqewU</a></p>	<p>Ask your child to draw a picture of their school, classroom, friends, and or teachers.</p>	<p>Call a family member or neighbor you haven't connected with in a while. Allow your child to talk to them.</p>	<p>Listen to Sesame Street feelings song <a href="https://www.youtube.com/watch?v=Po5IHJYJQfw">https://www.youtube.com/watch?v=Po5IHJYJQfw</a></p>	<p>Have your child draw several different faces expressing different emotions. Discuss each picture.</p>