

## For Children Birth – 6 Months

### FINGERPLAYS & NURSERY RHYMES

#### Wiggle Them

Wiggle them, wiggle them, wiggle them so.  
Wiggle them high.  
Wiggle them low.  
Wiggle them to the left.  
Wiggle them to the right.  
Wiggle them, wiggle them, out of sight.  
*\* Actions are self-explanatory*

#### Mary Had a Little Lamb

Mary had a little lamb, little lamb,  
little lamb, Mary had a little lamb  
whose fleece was white as snow.  
And everywhere that Mary went  
Mary went, Mary went, everywhere  
that Mary went  
The lamb was sure to go.  
He followed her to school one day,  
school one day, school one day,  
He followed her to school one day,  
Which was against the rules,  
It made the children laugh and play,  
laugh and play, laugh and play,  
It made the children laugh and play,  
To see a lamb at school.

#### Yankee Doodle

Yankee Doodle went to town  
A-riding on a pony,  
Stuck a feather in his cap  
And called it macaroni.  
Yankee Doodle keep it up,  
Yankee Doodle dandy,  
Mind the music and the step,  
And with the girls be handy.

### SOCIAL-EMOTIONAL

### LANGUAGE & LITERACY

### MATHEMATICS

#### Playful Interactions

Talk to your baby about what other individuals are doing near by to increase their awareness of others around them.

*"I see that your dad is reading a book. Would you like to look at a book too?"*

(Goal IT-ATL 1,6,8, SE 1,2, 3,5,7, 8, 10, 11)

#### Let's Talk

To introduce your baby to a back-and-forth exchange, mimic sounds and facial expressions as you interact with them.

(Goal IT-SE 12 LC 1,2,4,6)

#### Yummy Foods

As you hold your baby close to feed them, talk about the what they are eating. Respond to and imitate any coos or gestures they make.

*"You are drinking your milk. It is nice and warm."*

#### Pots and Pans Band

While holding your baby in your lap, tap on different surfaces with a wooden spoon and talk about the sounds that you are making.

Allow your baby to hold the spoon if they are able. Talk about the sounds they make even if by accident.

*"Bang, bang, bang! That is loud. You like that sound."*

*"That is a tapping sound."*

### PHYSICAL

#### Making Bubbles

Hold your baby in your lap as you blow a few bubbles. Encourage your baby to reach out and touch the bubble.

*"Look, bubbles! Can you see the bubbles? Can you touch the bubbles? The bubbles popped when you touched it."*

#### Basic Homemade Bubble Solution

This simple recipe produces good bubbles. The addition of corn syrup or glycerin holds the solution together to make better bubbles.

- 1 cup water
- 2 tablespoons light Karo syrup or 2 tablespoons glycerin
- 4 tablespoons dishwashing liquid

Stir together until everything is dissolved.