

At Home Activities For Children Ages 12 to 24 months

 <p>Let's Talk Language & Communication Activities</p>	<p>Read a book to your child. Show your child the pictures. Describe the pictures that you see.</p>	<p>While holding a toy phone give your child the opportunity to initiate a conversation. Pretend to have a short phone conversation.</p>	<p>Have your child touch your face. Name the parts of your face as they touch it. Ex. Eyes, nose, mouth</p>	<p>Engage in positive talk to your child about their choices during play. Example "I noticed you are using a blue crayon on your white paper."</p>	<p>Sing familiar songs and nursery rhymes with your child. https://www.youtube.com/watch?v=X6rzXuQMASY&t=20s</p>
 <p>Brain Works Cognitive Development Activities</p>	<p>Play the "What is that?" game by pointing to clothing, toys, body parts, objects or pictures with your child. Name the item.</p>	<p>Imitate a clap, tap, clap, tap pattern with you.</p>	<p>Put several plastic containers in your child's bath. Allow your child to explore sinking, floating, dumping and pouring.</p>	<p>Play the "show me" game when looking at books. Ask your toddler to find objects in a picture. Take turns. Let them turn the page.</p>	<p>Let your child "help". Encourage them to find their shoes or get the diaper.</p>
 <p>Body Works Physical Development Activities</p>	<p>Use crayons to color with your child.</p>	<p>Allow your child to throw, push and squeeze various soft items such as balls, blocks and soft items.</p>	<p>Create a toddler obstacle course for them to run under, step over, etc.</p>	<p>Use a ball to roll, throw and kick with your child.</p>	<p>Draw a circle with chalk outside. Have your child try to jump on, over, in and out of the circle.</p>
 <p>Friends & Feelings Social & Emotional Development Activities</p>	<p>Play Peek-a-Boo. Show different emotions when you uncover your face. Laugh, smile and frown.</p>	<p>Encourage your child to put their toys away with simple directions. Show them how to clean up when asked.</p>	<p>Hold your child facing you and sing a familiar song. Use hand motions as you sing and encourage them to copy you or clap along.</p>	<p>Sing a song with your child about cleaning up as you complete it together. https://www.youtube.com/watch?v=whrNJH8S-Ys</p>	<p>Ask your child questions that prompt them to think about how they feel. "How are you feeling today?"</p>