





At Home Activities for Children 2 to 3 Years

 <p>Let's Talk Language & Communication Activities</p>	<p>Let your child help you or another family member during daily activities.</p>	<p>Find a quiet area to read a book. Ask your child questions about the pictures in the book.</p>	<p>Play the "I Spy" game with your child. Give child clues, ex. "I spy...something yellow." Encourage them to look for and point out yellow things as they make guesses.</p>	<p>Use a different voice with your child to keep their attention and show your child ways to experiment with the tones and volume of their own voice.</p>	<p>Read the book, "Panda Bear, Panda Bear, what do you see?" with your child. Extend the experience by walking around the house asking your child to notice different items and explain what they see. https://www.youtube.com/watch?v=-ig0dCJSITU</p>
 <p>Brain Works Cognitive Development Activities</p>	<p>Cover a toy so that just one part of it is showing. Encourage your child to identify the toy.</p>	<p>Use your child's name in songs, stories, and games to encourage them to remember their name.</p>	<p>Sit together and look at family photos. Name each person you see. Look at pictures again to see if your child can name them also.</p>	<p>Play Tea Party with your child. Set up a table and invite them to join you for tea. Ask them to serve the tea then start a conversation by saying, "Thank you for pouring me a cup of tea. What should we eat with while we drink our tea?"</p>	<p>Have your child decorate a shoebox. After it is decorated put various items into the box and describe them. Ask your child to guess what's inside the box.</p>
 <p>Body Works Physical Development Activities</p>	<p>Try different movements outside. Talk as you run fast, walk slowly, gallop like a horse, or shuffle like an elephant.</p>	<p>Let your child lead in a game of "Follow the leader." Encourage them to try new ways of moving such as walking backwards or walking sideways.</p>	<p>Provide your child with cotton balls and cotton swabs and paint. Allow your child to paint freely on a large sheet of paper. Ask questions about their art.</p>	<p>Encourage your child to draw with crayons or markers while listening to the rhythm of music.</p>	<p>Provide your child with balls of all sizes (tennis, beach, basketball, football, soccer). Invite them to join you outside to explore the collection of balls.</p>
 <p>Friends & Feelings Social & Emotional Development Activities</p>	<p>Watch Elmo from Sesame Street "If You're Happy and You Know It" https://www.youtube.com/watch?v=5015skRvqs8</p>	<p>Express appreciation when your child takes responsibility for their personal needs. Ex. "You did a good job washing your hands."</p>	<p>Invite your child to join in a family game. Having fun in a group helps your child feel loved and supported by his family.</p>	<p>Draw pictures of different feelings and expressions.</p>	<p>Play dress up with your child. This offers the child a chance to choose for themselves and develop imagination.</p>