

# PROGRAM GUIDE





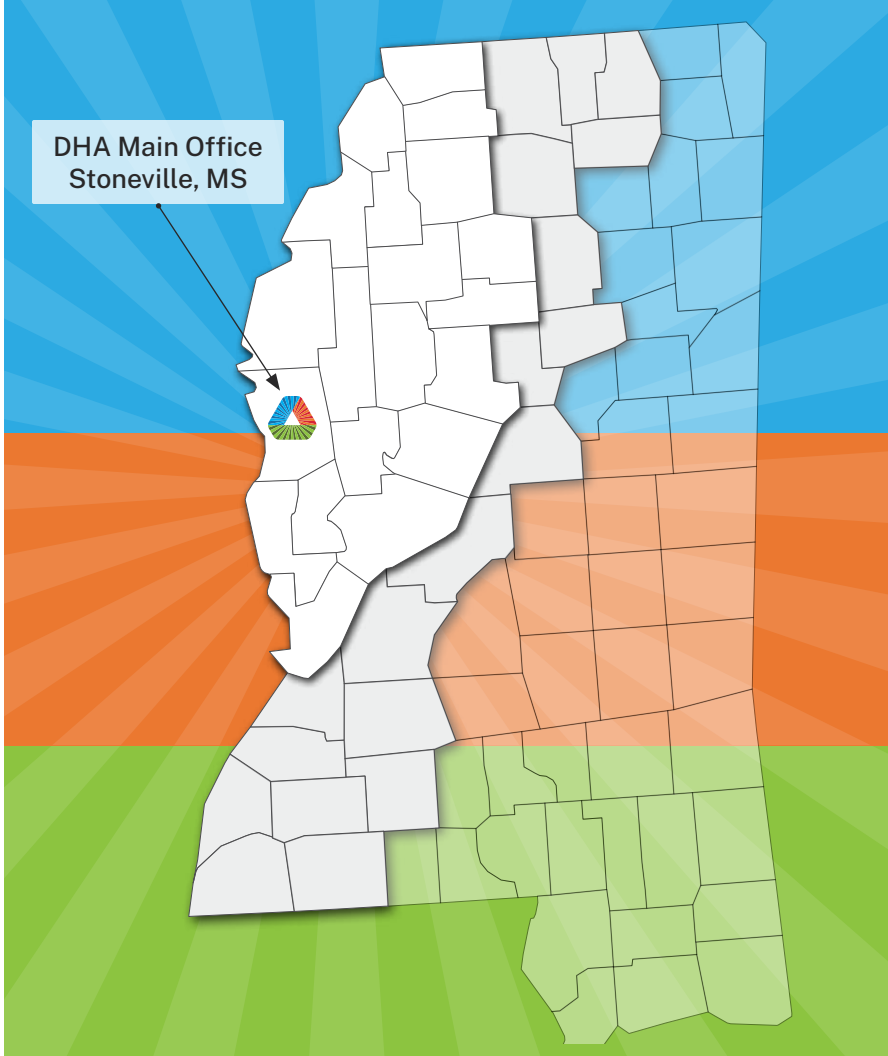
**DELTA HEALTH  
ALLIANCE**

# **PROGRAM GUIDE**



The mission of Delta Health Alliance is to improve the health and education of the men, women, and children who make the Mississippi Delta their home.

Delta Health Alliance (DHA) administers more than 40 grant-funded programs that address health, education, and community needs to improve quality of life for historically disadvantaged residents in the Mississippi Delta and beyond.



For nearly two decades, Delta Health Alliance (DHA) has offered programs and services that truly make a difference for our families and communities. Today, DHA provides more than 40 grant-funded programs that are changing the lives of those we serve.

In this program guide, you'll find information that will assist you in the areas of health, education, and community: diabetes services, help for drug and alcohol addiction, information about our Head Start programs, details on our DHA Promise Communities, school gardening initiatives, and workforce development. Those and more are all right here in one easy-to-use guide.

The dedicated staff of Delta Health Alliance is committed to making sure that you have the information and tools necessary to meet life's challenges and achieve success. We hope our new program guide serves as your road map.

**Dr. Karen Matthews**  
President & CEO



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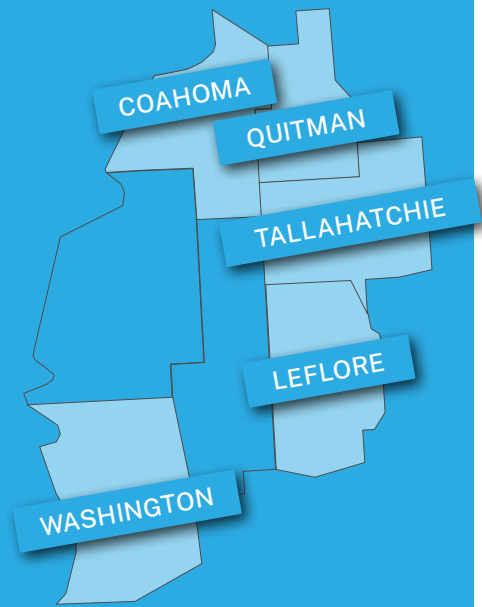
All DHA programs are free.

Find out about service areas, eligibility, and staff contact for each program.



[www.DeltaHealthAlliance.org](http://www.DeltaHealthAlliance.org)

Diabetes Care



### Delta BLUES Diabetes Initiative

Better Living Utilizing Engagement Strategies

Delta BLUES meets the needs of Mississippi Delta residents diagnosed with or at risk of developing diabetes. Services are delivered through tele-health consultations, health education, and mentoring between endocrinology specialists and community-based clinicians at the Leland Medical Clinic, Urgent Care of Clarksdale, and the Leflore County Health Center.

**Purpose**

- To reduce diabetes morbidity and mortality rates

**Services**

- Diabetes education
- Assistance with support services, including:
  - Transportation
  - Physical care
  - Behavioral health care
  - Dietary services
- Endocrinology telehealth services

Targeted Population
Patients with diagnosis of diabetes or prediabetes
Other Eligibility Requirements
18+
Contact
Lesa Wise (662) 390-6117 <a href="mailto:lwise@deltahealthalliance.org">lwise@deltahealthalliance.org</a>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

Healthy Lifestyles

Nutrition



### Delta Produce Rx

Delta Produce Prescription program is a partnership between the Leland Medical Clinic and local grocers aimed at increasing access to healthy foods for patients with chronic health conditions.

**Purpose**

- To increase access to healthy foods for LMC patients with chronic health conditions

**Services**

- One-on-one meetings with the LMC nutritionist
- Monthly value cards for the purchase of fruits and vegetables at participating stores
- Activities to encourage a healthy lifestyle

Targeted Population
LMC patients
Other Eligibility Requirements
18+
Contact
Shelby Ballinger (662) 390-6505 <a href="mailto:sballinger@deltahealthalliance.org">sballinger@deltahealthalliance.org</a>

This project is supported by the United States Department of Agriculture (USDA).

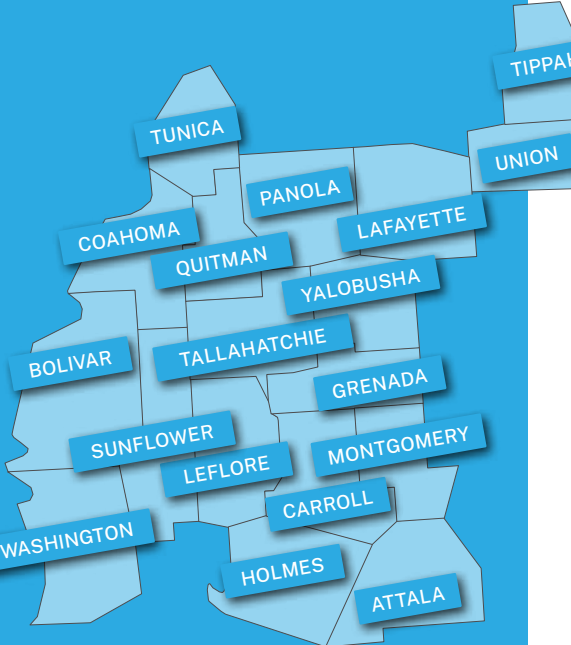
### Delta Produce Rx Enhancement

Additionally, participants in this program will be able to help with cultivating and growing a community garden at Leland Medical Clinic. Participants will be able to harvest and take home fruits and vegetables that are grown from the garden.

Stroke Prevention

### Delta Stroke Collaborative

Delta Stroke Initiative establishes a network of providers to prevent and treat stroke in rural communities of the Delta. Trained community health workers provide stroke prevention education to local communities and residents.



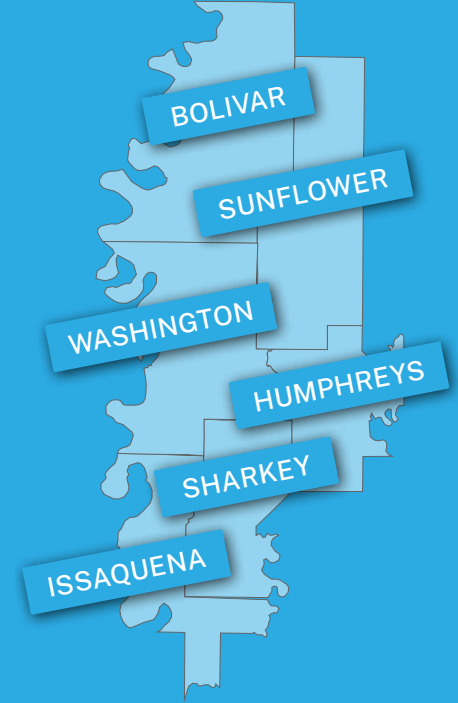
Targeted Population
Patients with stroke diagnosis
Other Eligibility Requirements
50+
How to Enroll
Community health workers will identify and enroll patients through hospital partnerships
Contact
Bria Beal (662) 390-6934 bbeat@deltahealthalliance.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

- Purpose**
- To prevent the recurrence of stroke and reduce 30-day hospital readmission rates
- Services**
- 45 day program
  - Education about stroke prevention
  - Guidance on adopting a healthier lifestyle
  - Home visits by community health workers
  - Personal care from certified nurse assistants
  - Incentives
  - Weekly phone calls

### Empowering Communities

Empowering Communities will deliver and sustain a Chronic Disease Self-Management Program through community outreach.



- Purpose**
- To reduce morbidity and mortality rates
- Services**
- Workshops
    - Living Health with Diabetes (in person and virtual)
    - Living Health with Chronic Conditions (in person and virtual)
    - Living Healthy with Chronic Pain (virtual)
    - Walk With Ease (in person at Delta Wellness Center)

Targeted Population
Those that either have or care for someone with chronic conditions such as diabetes, hypertension, heart disease, chronic pain, or arthritis.
Other Eligibility Requirements
18+
Contact
Lesa Wise (662) 390-6117 lwise@deltahealthalliance.org

This project is supported by the Health Resources and Services Administration (HRSA), Administration for Community Living (ACL).



Leland Medical Clinic  
201 Baker Blvd, Leland, MS

Call (662) 686-4121

[www.LelandMedicalClinic.org](http://www.LelandMedicalClinic.org)

Clinic Hours  
Mon-Thu 7:30am-6pm  
Fri 7:30am-12pm

No referral required.

All major insurances accepted,  
sliding fee scale available based  
on income and family size.

## Leland Medical Clinic (LMC)

Leland Medical Clinic (LMC) is a primary care and behavioral health clinic located in Leland, MS. We are able to treat acute and chronic medical issues as well as mental health diagnoses with therapy and/or medication.

### Purpose

- To treat the community for physical and mental health illnesses and assist with the management of acute and chronic illnesses

### Services

- Wellness exams
- Home visitation
- Minor injuries
- Digital X-ray onsite
- Pediatric care
- Immunizations
- Full lab testing
- Telemedicine
- Mammograms
- Drug testing
- Pre-employment physicals
- DOT physicals

Targeted Population
All ages
Other Eligibility Requirements
N/A
Contact
Hilary Meier (662) 390-3197 <a href="mailto:hmeier@deltahealthalliance.org">hmeier@deltahealthalliance.org</a>



Leland  
Medical Clinic

SUPPORTED BY DELTA HEALTH ALLIANCE

## LMC Mobile Medical Clinic

LMC Mobile Medical Clinic, staffed by LMC's clinicians, brings convenient and quality medical care directly to local communities and employees.

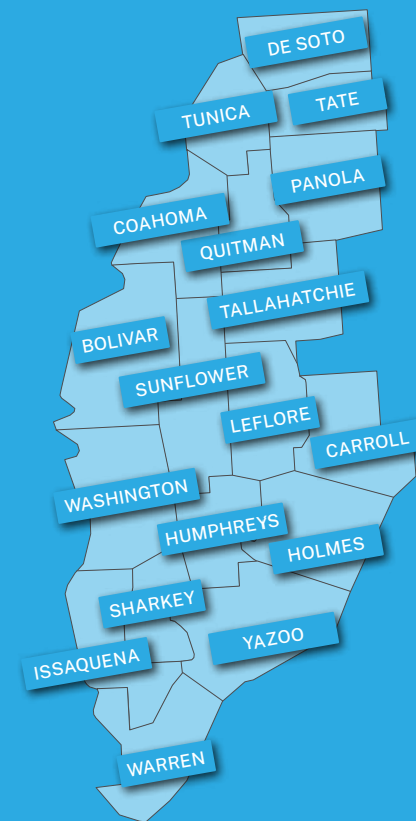
### Purpose

- To improve access to high-quality medical care in rural communities

### Services

- Wellness exams
- Telemedicine
- Minor injuries
- Pre-employment physicals
- COVID-19 vaccine and testing
- Biometric screenings

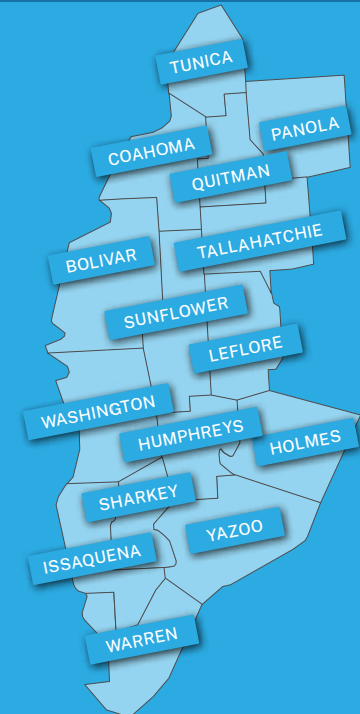
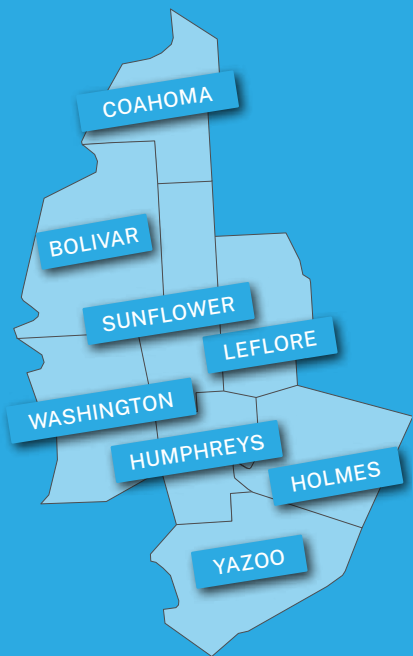
Targeted Population
All ages
Other Eligibility Requirements
N/A
Contact
Hilary Meier (662) 390-3197 <a href="mailto:hmeier@deltahealthalliance.org">hmeier@deltahealthalliance.org</a>



Teen Pregnancy

Opioid Use Disorder (OUS)

Substance Use Disorder (SUD)



## Delta Better Futures

### Teen Pregnancy Prevention

Delta Better Futures Teen Pregnancy Prevention Program provides education to teens in public schools and faith-based and community organizations to promote safe sex practices. Delta Futures provides students, including pregnant and parenting teens, with the resources needed to set goals, set standards, and make better decisions.

## Delta Opioid Taskforce (DOT)

### DOT 3 Extension

The Delta Opioid Taskforce (DOT) Initiative is a substance use disorder (SUD) and opioid use disorder (OUD) program intended to respond to the opioid crisis in the Mississippi Delta. DOT works with partner organizations to educate the public about evidence-based treatments for SUD/OUD; train health care providers on how to identify and treat SUD/OUD; promote provider use of Prescription Drug Monitoring Programs; strengthen partnerships with law enforcement and first responders; and expand early access to recovery support services.

#### Purpose

- To reduce teen pregnancy, teen births, and sexually transmitted diseases

#### Services

- Safe haven for youth
- Engagement activities for teens
- Parent engagement activities
- Community awareness events
- Ambassador program for teens
- Highly trained staff
- Evidence-based curriculum

Targeted Population
Students grades 6th-12th, Ages 12-19
Other Eligibility Requirements
N/A
Contact
LaToya Dixon (662) 378-6260 <a href="mailto:llee@deltahalliance.org">llee@deltahalliance.org</a>

This project is supported by Office of Adolescent Health (OAH) of the U.S. Department of Health and Human Services (HHS).

#### Purpose

- To improve access to medical care for those with SUD or OUD and combat the opioid crisis in the Delta

#### Services

- Alcohol and drug counseling
- Alcohol and drug treatment
- Medication management
- Medication assisted treatment and recovery support services

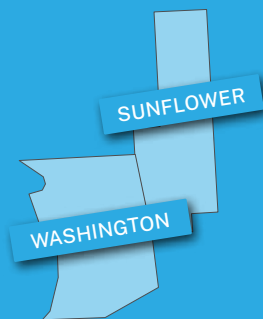
Targeted Population
Adults 18+ with a substance or opioid use disorder
Other Eligibility Requirements
Must live in the service area
Contact
Shakira Birge, Patient Navigator (662) 686-3938 <a href="mailto:sbirge@deltahalliance.org">sbirge@deltahalliance.org</a>

This project is supported by the Health Resources and Service Administration (HRSA) of the US Department of Health and Human Services (HHS).

Opioid Use Disorder (OUS)

Substance Use Disorder (SUD)

Children & Youth



## Delta Opioid Teens & Youth (DOT-Y)

Delta Opioid Teens & Youth (DOT-Y) serves youth affected by the opioid crisis in the Mississippi Delta. DOT-Y connects the youngest victims of the opioid crisis to desperately needed services by utilizing existing resources within the community and developing strategies to provide relief to area youth affected by OUDs.

### Purpose

- To help children and youth affected by the opioid crisis

### Services

- Counseling
- Medication management
- Life skills
- Adolescent development
- Case management
- Referral services for the family

### Targeted Population

Youth 0-18 who are victims of child abuse, criminal neglect, assault, sexual abuse/assault, identity theft, exploitation, child welfare endangerment, human trafficking, and kidnapping resulting from drug and opioid disorder or illegal use

### Other Eligibility Requirements

Must live in the service area

### Contact

Shambria Chillis, Social Worker  
(662) 686-3855  
[schillis@deltahhealthalliance.org](mailto:schillis@deltahhealthalliance.org)

This project is supported by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice.

[www.DeltaHealthAlliance.org](http://www.DeltaHealthAlliance.org)

## Delta Wellness Center (DWC)

Located at the Leland Medical Clinic, Delta Wellness Center (DWC) offers the Leland community a workout space with free weights, cardio equipment, indoor/outdoor tracks, and an aerobics room for yoga and strength training. DWC also has a teaching kitchen that hosts classes to learn healthy recipes, correct food preparation, etc.

### Targeted Population

Open to all, 10+

### Other Eligibility Requirements

Membership required

### Contact

Kendarius Moore  
(662) 390-3319  
[kmoore@deltahhealthalliance.org](mailto:kmoore@deltahhealthalliance.org)

### Purpose

- To improve the health and well-being of the community and surrounding areas

### Services

- Aerobics room
- Cardio
- Free weights
- Indoor track
- Instructional kitchen
- Nutritionist
- Silver Sneakers program
- Sports performance training
- Strength training
- Weight loss programs
- Yoga
- Zumba

Exercise & Nutrition



210 Church St, Leland, MS  
Phone: (662) 686-3871

Hours  
Mon-Thu 5am-7pm  
Fri 5am-4pm  
Sat 10am-4pm



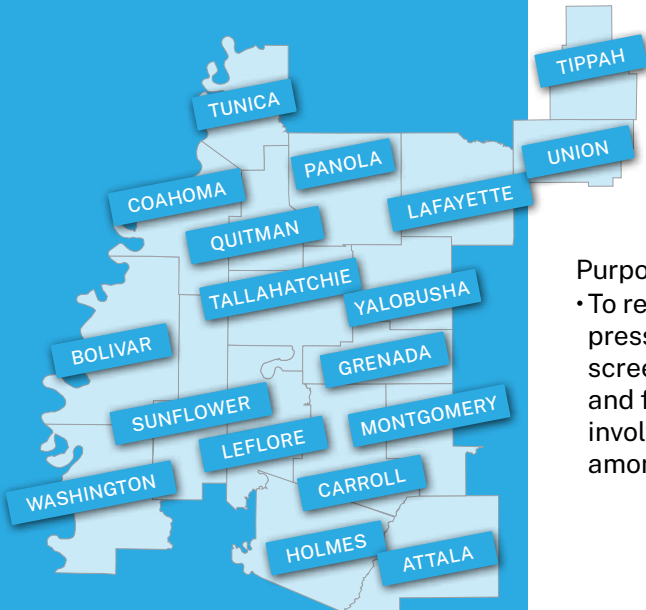
Delta  
Wellness Center

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## NEW YOU Collaborative

(Nutrition, Exercise and Wellness for You)

The NEW YOU Collaborative addresses high levels of obesity in our 21-county service area. The program coordinates a series of services and activities to reduce obesity in participants in a holistic, patient-centered manner, incorporating nutritionists, fitness experts, patient and family engagement, community outreach, and health care partners.



**Purpose**

- To reduce weight and blood pressure measurements, increase screenings for social supports and fitness needs, and expand involvement in external programs among participants.

Targeted Population
Individuals at least 18 years of age with high blood pressure and body-mass index
Other Eligibility Requirements
Must be a patient of one of NEW YOU's partnering clinics
Contact
Bria Moore (662) 390-6934 <a href="mailto:bmoore@deltahalliance.org">bmoore@deltahalliance.org</a>

This project is supported by the Health Resources and Service Administration (HRSA), Office of Rural Health Policy

Vaccine Efficacy



## PATE

Pandemic Awareness, Treatment, and Education

LMC's COVID-19 Center provides COVID-19 testing, treatment, and education in Leland. Our goal is to reduce COVID-19 infections, improve vaccination rates, and educate the Delta about the virus.

**Purpose**

- To minimize the impact of COVID-19.

**Services**

- COVID-19 testing
- COVID-19 vaccinations
- COVID-19 education and training

Targeted Population
Everyone
Other Eligibility Requirements
N/A
Contact
RyAnne Williams (662) 686-3862 <a href="mailto:rwilliams@deltahalliance.org">rwilliams@deltahalliance.org</a>

This project is supported by the United States Department of Agriculture (USDA).



Substance Abuse Recovery

Tobacco Use

### RISE UP

Recovery, Instruction, Support & Education Upward-bound Program

The RISE UP Program uses a pipeline of referral systems and support services to provide participants with transportation, expungement workshops for criminal drug-related charges, coordinated workforce education and employment opportunities, and access to a centralized service and training center for workforce and/or educational support. The program also works to improve the quality and sustainability of rural behavioral healthcare services by training providers and staff in best practices.

**Purpose**

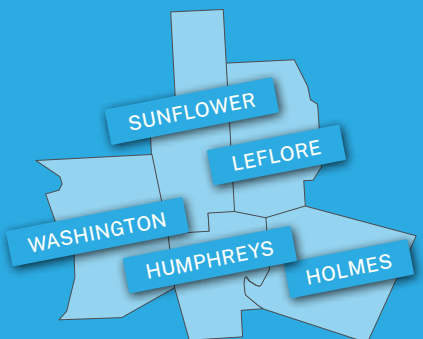
- To assist recovery from substance disorder through a pipeline of referral systems and wrap-around supports

**Services**

- Expungement clinics for misdemeanor and/or felony drug charges
- Workforce training tuition
- Workforce readiness training and job application assistance
- Linkages to behavioral health services and recovery support

Targeted Population
Adults 18+ living in the counties of Holmes, Humphreys, Leflore, Sunflower, and Washington
Other Eligibility Requirements
Must live in the service area
Contact
Barbara Ann Beckham (662) 686-3912 <a href="mailto:bbeckham@deltahealthalliance.org">bbeckham@deltahealthalliance.org</a> <a href="http://deltahealthalliance.org">deltahealthalliance.org</a>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).



### Tobacco-Free Coalition

Trained staff work directly with schools and community organizations to teach the community about tobacco prevention and cessation.

**Purpose**

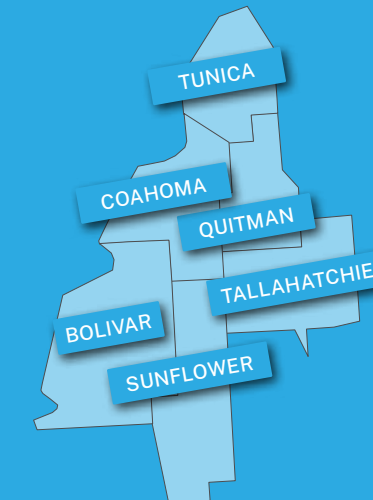
- To prevent youth tobacco use, reduce secondhand smoke exposure, promote tobacco cessation services, and eliminate tobacco related disparities

**Services**

- Advocacy for smoke free ordinances
- School collaborations to change school policies on vaping and tobacco
- Anti-vaping materials for students
- Merchant trainings
- Promotions for smoke free environments in HUD or other housing developments
- COVID-19 testing kits and vaccination events
- Non-smoking seminars and weekly classes for individuals

Targeted Population
All ages
Other Eligibility Requirements
N/A
Contact
Lesa Wise (662) 686-5825 <a href="mailto:lwise@deltahalliance.org">lwise@deltahalliance.org</a>

This project is supported by the Mississippi State Department of Health (MS DOH).



## Delta Breastfeeding Coalition

The Delta Breastfeeding Coalition advocates for all women in the Mississippi Delta who desire to breastfeed by providing information to employers and communities and by supporting mothers and families.

### Purpose

- To help remove cultural and logistical barriers to breastfeeding for mothers

### Services

- Breastfeeding education and resources
- Breastfeeding peer support
- Advocacy for breastfeeding-friendly policies and procedures in local businesses and workplaces

Targeted Population
Breastfeeding parents, community members and stakeholders
Other Eligibility Requirements
Residents of service area
Contact
Vanessa Wilson (662) 820-8600 vawilson@deltahalliance.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

## Delta Dads

Delta Dads creates spaces that celebrate and support fathers. We promote father involvement, teach parenting skills, assist with job placements, and much more.

### Purpose

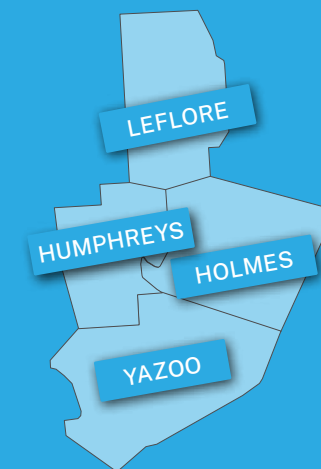
- To increase the proportion of prenatal mothers with father and/or partner involvement

### Services

- Case management and mentoring services to at-risk fathers
- Promote fathering skills, parenting skills, relationship skills, and provide family support
- Coach young adults and adults who are fathers and future fathers
- Link fathers to resources
- Provide child development education using evidence-based curriculum

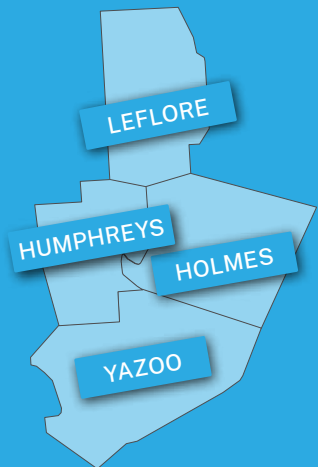
Targeted Population
Fathers/partners with children ages 0-18 months
Other Eligibility Requirements
Participants of Healthy Start Home Visiting
Contact
Vanessa Wilson (662) 820-8600 vawilson@deltahalliance.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).



Doulas

Perinatal Support



## Delta Doulas

Delta Doulas is a support program that delivers trained and comprehensive doula services for high-risk families from early pregnancy through at least the first three months postpartum.

### Purpose

- To provide emotional, physical, and educational support to expecting mothers and those who have recently given birth

### Services

- Perinatal education and support
- In-person home visits
- Assistance in liaising with hospital or other healthcare personnel as necessary
- Resources and assistance in locating and connecting with additional support services
- Labor and delivery emotional and physical support

Targeted Population
Pregnant women
Other Eligibility Requirements
Residents of service area
Contact
Vanessa Wilson (662) 820-8600 <a href="mailto:vawilson@deltahhealthalliance.org">vawilson@deltahhealthalliance.org</a>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

## Delta Healthy Start Collaborative

The Delta Healthy Start Collaborative (DHSC) is an extension of DHA's successful Parents as Teachers program. Enrolled families receive pregnancy and parent education, case management, safety instruction, life planning, navigational assistance accessing maternal and infant services and insurance coverage, early childhood development programs, childhood literacy initiatives, and access to a newly added fatherhood program, Delta Dads.

### Purpose

- To provide education and resources to help families parent effectively

### Services

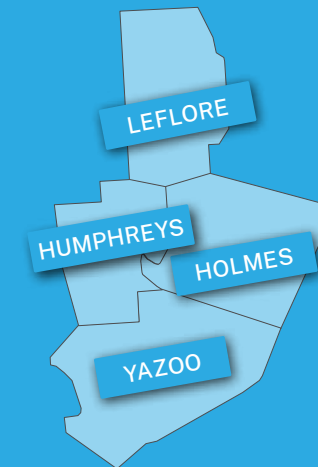
- Case management
- Safety instructions
- Life planning
- Navigational assistance accessing maternal and infant services and insurance coverage
- Early childhood development programs
- Childhood literacy initiatives

Targeted Population
Pregnant women and families with children 0-5 years old
Other Eligibility Requirements
Residents of service area
Contact
Vanessa Wilson (662) 820-8600 <a href="mailto:vawilson@deltahhealthalliance.org">vawilson@deltahhealthalliance.org</a>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

Pregnancy

Parenting



Pregnancy

Parenting



## Delta Health Care Services (DHCS)

This initiative will increase access to and delivery of wraparound support services for expectant mothers and families in Sunflower County. Community health workers will lead an evidence-based home visitation program designed to meet participants where they are and connect them to resources.

### Purpose

- To bring desperately needed services to new and expectant parents

### Services

- Training and certification of a locally-recruited doula
- Home visits
- Certified Lactation Consultant
- Connections to wraparound services
- Establishment of a community baby pantry
- Programming to engage with and serve fathers

Targeted Population
Pregnant women and families with children 0-5 years old
Other Eligibility Requirements
Residents of service area
Contact
Donna Ransome (662) 820-8939 <a href="mailto:dransome@deltahealthalliance.org">dransome@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Agriculture (USDA).

## DHA Head Start / Early Head Start (HS/EHS)

DHA Head Start / Early Head Start offers high quality, free early education services for children eight-weeks to five-years-old. Head Start services engage parents in their children's learning and support parents making progress towards their educational, literacy, and employment goals.

### Purpose

- To promote young children's school readiness by supporting their mental, social, and emotional development

### Services

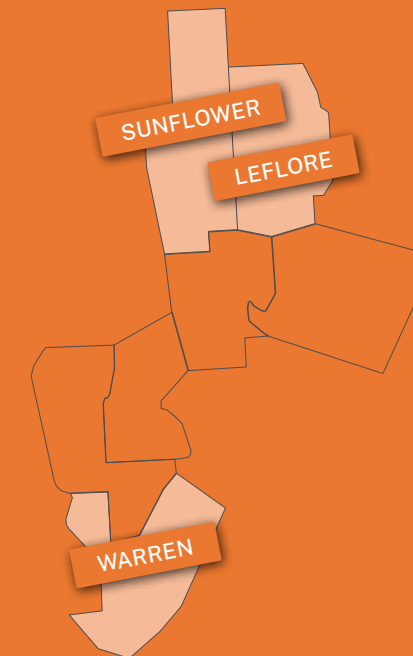
- \$0 cost early learning services
- Safe and nurturing environments
- Family engagement activities
- Highly trained staff
- Evidence-based curriculum
- Nutritious meals and snacks

Targeted Population
Families with children ages 8-weeks to 5-years-old
Other Eligibility Requirements
Proof of birth, immunization record, picture ID, proof of income, proof of residence
Contact
Reshunda Curry (662) 686-3873 <a href="mailto:rcurry@deltahealthalliance.org">rcurry@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Health and Human Services (HHS)/ Administration for Children and Families Office of Head Start (OHS).

0-5

Kindergarten Readiness



SUNFLOWER



## Early Head Start Childcare Partnership (EHS-CCP)

Early Head Start Childcare Partnership addresses the critical need for high quality, free early childcare by partnering with private daycare facilities. Head Start services engage parents in their children’s learning and support parents making progress towards their educational, literacy, and employment goals.

### Purpose

- To provide free, high quality early education services for children eight-weeks to three-years-old

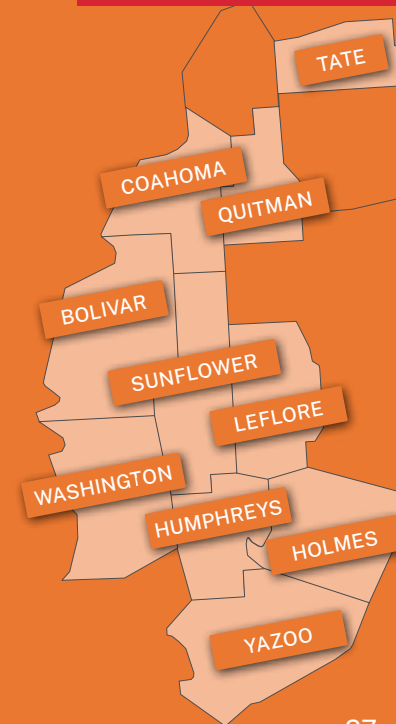
### Services

- \$0 cost early learning services
- Safe and nurturing environments
- Family engagement activities
- Highly trained staff
- Evidence-based curriculum
- Nutritious meals and snacks

Targeted Population
Families with children ages 8-weeks to 3-years-old
Other Eligibility Requirements
Proof of birth, immunization record, picture ID, proof of income, proof of residence
Contact
Reshunda Curry (662) 686-3873 rcurry@deltahalliance.org

This project is supported by the U.S. Department of Health and Human Services (HHS)/ Administration for Children and Families Office of Head Start (OHS).

Kindergarten Readiness



## Imagination Library

Imagination Library allows children to receive a free book in the mail each month before they turn five and organizes community readings to increase literacy in the community at large. DHA has participated in Dolly Parton’s Imagination Library program since 2008, working to mail a free, high-quality new book each month to children from birth to age five living in participating communities.

### Purpose

- To enhance reading in the homes of children from birth to age five

### Services

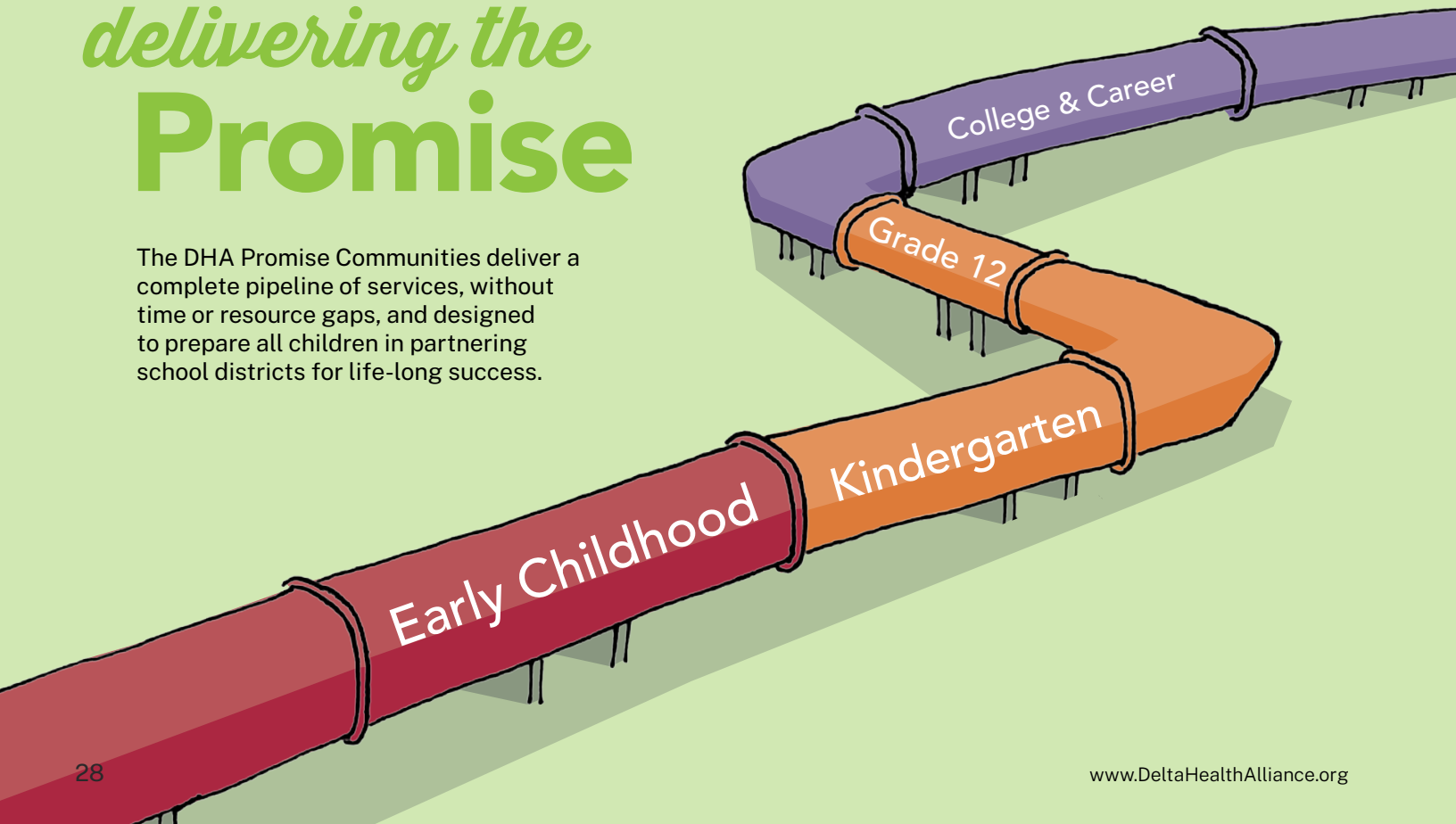
- \$0 cost
- Up to 60 free books
- A book in the mail each month
- Free community readings at local childcare centers, Head Start centers, churches, libraries, and clinics
- A volunteer network of adult readers

Targeted Population
Families with children ages 0 to 5-years-old
Other Eligibility Requirements
Residents of service area
Contact
Brooks Ann Gaston (662) 686-3923 imaginationlibrary@deltahalliance.org

This project is supported by The Dollywood Foundation - Dolly Parton’s Imagination Library.

# delivering the Promise

The DHA Promise Communities deliver a complete pipeline of services, without time or resource gaps, and designed to prepare all children in partnering school districts for life-long success.



Early Childhood

School-based

College & Career



Deer Creek Promise Community
Year Established
2016
Target Area
Leland, Arcola, & Hollandale, Washington County
School Districts
Leland School District (LSD) Hollandale School District (HSD)
Contact
Gwendolyn West (662) 390-3380 <a href="mailto:gwest@deltahalliance.org">gwest@deltahalliance.org</a>



Leflore Promise Community
Year Established
2022
Target Area
Leflore County
School District
Greenwood Leflore Consolidated School District (GLCSD)
Contact
Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahalliance.org">rsample@deltahalliance.org</a>

## School-based programs in the DHA Promise Communities



Early Childhood



School K-12



College & Career

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## Pre-K Quality Initiative

Pre-K Quality Initiative works to increase the number and percentage of children who enter kindergarten ready to learn by combining resources and strategies to work collaboratively. The program provides on-site technical assistance and training for teaching staff to strengthen the schools' infrastructure.

### Purpose

- To improve kindergarten readiness by enhancing the quality of pre-k programs

### Services

- On-site technical assistance support and training
- Implementation of evidence-based curriculum and assessment tools
- Monitoring and support
- Additional language and literacy support to at risk students utilizing the SPARK model

### Targeted Population

Students of pre-k programs

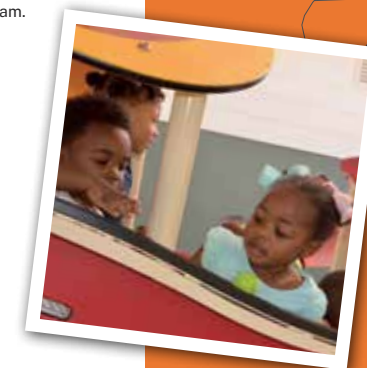
### Contact

Roshunda Sample  
(662) 390-6436  
rsample@deltahalliance.org

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



Early Childhood





## Promise School

Promise School is a school-based summer camp for incoming kindergarteners that includes literacy and numeracy interventions as well as help transitioning into the school system. The program aims to improve upper- and lower-case letter recognition, awareness of print, phonological and phonemic awareness, develop appropriate receptive language and oral language for communication, improve self-concept and engagement in learning environments, and demonstrate control over emotions and develop positive relationships with adults and peers.

### Purpose

- To improve kindergarten readiness by providing targeted educational interventions over the summer to incoming kindergarteners

### Services

- \$0 cost
- Nutritious meals
- A 6-week intensive summer education
- Transportation

### Targeted Population

Incoming kindergarteners, Ages 4-5

### Contact

Martha Nailer  
(662) 390-6192  
manailer@deltahalliance.org

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



## SPARK

### Supporting Partnerships to Assure Ready Kids

SPARK is an intervention program administered by the Children's Defense Fund's (CDF) Southern Regional Office in Jackson, MS, that addresses specific language and literacy difficulties through in-school sessions with children.

### Purpose

- To promote kindergarten readiness in children with developmental delays

### Services

- \$0 cost
- Weekly small group language and literacy support in school
- Monthly home visits to support families
- Local *Children's Partnership* member

### Targeted Population

Ages 4-5

### Contact

Martha Nailer  
(662) 390-6192  
manailer@deltahalliance.org

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

School-based



## CARES Mentoring

Children are Reaching Excellence With Support

The CARES mentoring program provides opportunities for caring, responsible adults to support children in their community. Adult mentors are paired with students and visit with their mentee weekly in the CARES classroom.

### Purpose

- To create positive relationships that enhance children’s social, academic, and personal development

### Services

- Teaches mentors how to systematically provide academic, social, and emotional support tailored to students’ needs
- Activities and events to improve interpersonal and social skills
- One-on-one learning activities between mentee and mentor

Targeted Population
Grades K-5th
Other Eligibility Requirements
Eligibility based on attendance, behavior, and course performance
Contact
For DCPC: Gwendolyn West (662) 390-3380 <a href="mailto:gwest@deltahalliance.org">gwest@deltahalliance.org</a>
For LPC: Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahalliance.org">rsample@deltahalliance.org</a>

This project is supported by the U.S. Department of Education’s Promise Neighborhood grant program.

School-based



## CATCH PE

Coordinated Approach to Child Health

CATCH PE increases the amount of moderate-to-vigorous activity children receive during the school day and provides nutritional lessons to encourage healthy eating. PE teachers are trained on curriculum and receive the necessary tools to assist in implementing the program. Students are encouraged to obtain 60 minutes of physical activity per day.

### Purpose

- To encourage lifelong healthy lifestyles among Delta students

### Services

- Evidence-based physical education curriculum that teaches
  - Physical literacy
  - Physical fitness
  - Nutritional understanding
  - Social-emotional learning
  - Cognitive understanding about the importance of lifelong physical activity
- Emphasizes non-elimination games

Targeted Population
Grades K-8th
Other Eligibility Requirements
Students in participating school districts
Contact
Rhonda Lewis (662) 390-6342 <a href="mailto:rlewis@deltahalliance.org">rlewis@deltahalliance.org</a>

This project is supported by the U.S. Department of Education’s Promise Neighborhood grant program.

School-based



## Delta EATS

Edible Agriculture Teaching Students

Delta EATS increases access to fresh produce and agricultural education. Delta EATS is a school gardening program in GLCSD schools and aids students in gaining the knowledge and values necessary to make food choices that are healthy for them, their communities and the environment, with lessons tied to science standards.

### Purpose

- To increase access to fresh produce while improving agricultural education among students and families

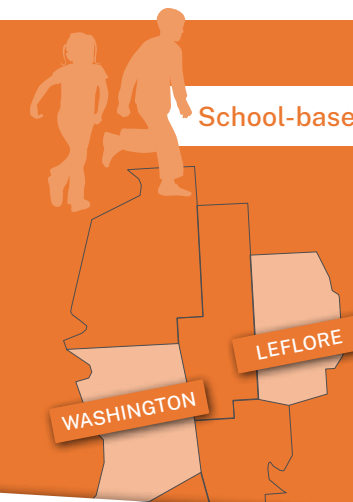
### Services

- Elementary school and community gardens
- Curriculum that integrates gardening skills into classes
- Real-life gardening experiences for children and adults

Targeted Population
Grades 5 and 6
Other Eligibility Requirements
Students enrolled in participating school districts
Contact
Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahealthalliance.org">rsample@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

School-based



## LifeSkills Training

LifeSkills Training is a middle school substance disorder and violence prevention program designed to promote mental health and positive youth development. The evidence-based program helps students resist drug, alcohol, and tobacco use while reducing other risky behaviors. The program is delivered by DHA staff in the first year and classroom teachers thereafter who receive training from DHA. Sessions are approximately 40–45 minutes in length and up to 15 lessons dependent on the grade-level.

Targeted Population
Grades 6th-9th
Other Eligibility Requirements
Students in participating school districts
Contact
For DCPC: Gwendolyn West (662) 390-3380 <a href="mailto:gwest@deltahealthalliance.org">gwest@deltahealthalliance.org</a>
For LPC: Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahealthalliance.org">rsample@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

### Purpose

- To provide students with the knowledge to make health decisions

### Services

- Teaches students the necessary skills to resist peer pressure to smoke, drink, and use drugs
- Helps to develop a healthy self-concept and confidence
- Gives students the skills needed to effectively cope with anxiety
- Guest speakers who share knowledge on topics to help students make a connection between what they are learning and the real world



School-based



## Social Service Collaboration

## One Stop Shop

The SSC and OSS help to provide access to services and resources for LINKS families as well as working with community organizations to address identified needs and concerns.

## LINKS

Linking Individuals Neighborhoods and Kids to Services

LINKS is the name of the family navigation system that our Promise Communities have utilized successfully for more than ten years. LINKS is a centralized resource and referral hub that connects families with appropriate resources available in the community based on the family's needs. LINKS associates work with participants to set family goals.

### Purpose

- To provide information and resources to at-risk families

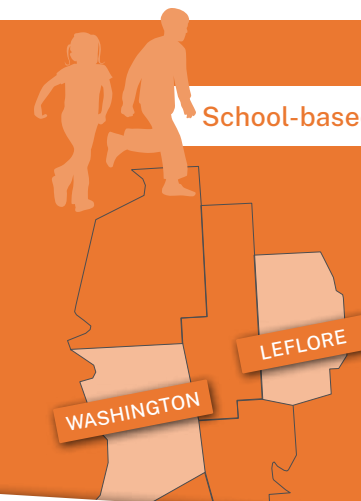
### Services

- Case management
- Highly trained staff
- Evidence-based curriculum
- Family engagement activities
- Family goal setting
- Access to services and needed resources
- Gift card incentive
- Social Service Collaborative
- One Stop Shop

Targeted Population
Grades K-6th
Other Eligibility Requirements
Students who have either attendance, behavior or course performance issues
Contact
Donna Ransome (662) 820-8939 <a href="mailto:dransome@deltahealthalliance.org">dransome@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

School-based



## Literacy Fellows

Literacy Fellows provide high-quality, researched-based reading interventions in a small-group setting at public schools. Students build decoding skills through phonemic awareness, phonics, fluency, and vocabulary instruction. Students are selected for this program based on beginning of year reading scores. Literacy Fellows meet with students 50-60 minutes daily during the school day.

### Purpose

- To provide daily reading interventions to students below grade level targets

### Services

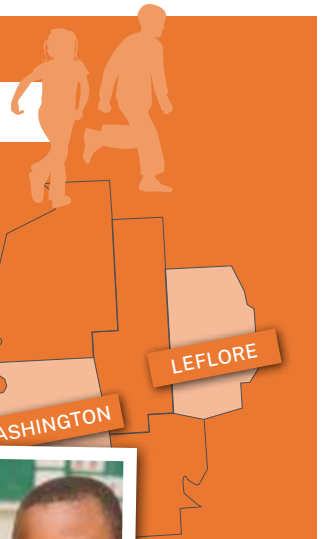
- Daily phonics instruction
- Safe and positive environments
- Evidence-based curriculum
- Parent engagement
- Highly trained staff
- Daily, weekly, and monthly progress monitoring

Targeted Population
3rd Grade
Other Eligibility Requirements
Struggling readers as indicated by test scores
Contact
Gwendolyn West (662) 390-3380 <a href="mailto:gwest@deltahealthalliance.org">gwest@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



School-based



## Summer Camps

Promise Community Summer Camps provide a safe and supportive space to support students while they are out of school. Summer camp goals include fostering vocabulary development, instilling an appreciation for literature, improving reading comprehension skills, reducing dropout rates, and minimizing loss of knowledge over the summer. Camps typically range from six to eight weeks and include academic field trips and lunch each day camp is in session.

### Purpose

- To provide academic and enrichment opportunities during the summer in collaboration with school and community partners

### Services

- \$0 cost
- Fun and safe environments
- Evidence-based curriculums and assessments
- Transportation and meals provided
- Investment in communities and schools
- College internships available

Targeted Population
Grades K-12th
Contact
For DCPC: Gwendolyn West (662) 390-3380 <a href="mailto:gwest@deltahalliance.org">gwest@deltahalliance.org</a>
For LPC: Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahalliance.org">rsample@deltahalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

School-based



## WATCH D.O.G.S.

Dads of Great Students

The Watch D.O.G.S. program is an innovative father involvement, educational initiative of the National Center for Fathering. Watch D.O.G.S. provides positive male role models for students and an extra set of eyes to enhance school security, reduce bullying, and to improve student and teacher perceptions of safety. The program trains dads to volunteer at school for at least one day per school year.

### Purpose

- To improve school safety through additional supervision and increase parent involvement in their child's education

### Services

- Provides positive male role models for students, demonstrating by their presence that education is important
- Provides an extra set of eyes and ears to enhance school security and reduce bullying
- Brings communities closer together based on value-based goals

Targeted Population
Fathers, step-fathers, and male head of households of students in Grades K-12th
Contact
Roshunda Sample (662) 390-6436 <a href="mailto:rsample@deltahalliance.org">rsample@deltahalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



School-based



## The Writing Project

The Writing Project provides instruction to teachers to improve writing and teaching techniques to foster writing among students. The Writing Project seeks to empower teachers to improve thinking, writing, teaching, and learning. Certified instructors provide workshops for educators of all grades, in-school professional development for schools and districts, intensive summer programs, continued support for teachers throughout the year, and young writers' programs.

### Purpose

- To increase knowledge of creative and critical thinking and writing skills

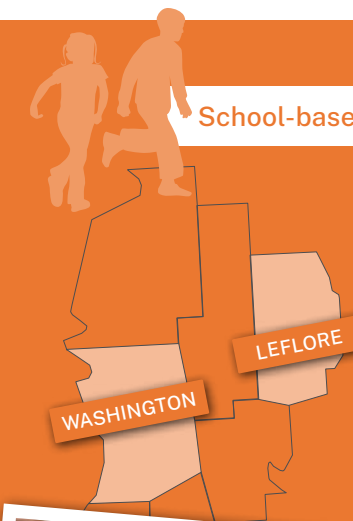
### Services

- One-on-one and group support for teachers
- Trainings
- Co-teaching activities
- Modeling teaching activities
- Observation and debriefing
- Lesson plan development
- Assisting with resources
- Curriculum development

Targeted Population
English teachers of grades 3rd-10th
Contact
Rhonda Lewis (662) 390-6342 <a href="mailto:rlewis@deltahalliance.org">rlewis@deltahalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.

School-based



## Youth Council

Youth Council works to prepare students to be engaged citizens and positive influences in their community by focusing lessons on leadership skills and developing community service projects. Students meet weekly to gain skills and plan various community service projects.

### Purpose

- To get students engaged in their community and learning how to be a positive influence in their community

### Services

- Weekly leadership lessons
- Monthly service projects
- Educational field trips
- Guidance and support for summer opportunities

Targeted Population
Grades 9th-10th
Contact
Jon Delperdang (662) 390-3110 <a href="mailto:jdelperdang@deltahalliance.org">jdelperdang@deltahalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.





## College Promise Initiative (CPI)

CPI prepares students to be successful in life after high school by focusing lessons on ACT Prep, college admission, strategies for success in college, and career pathways. CPI focuses on creating a “college going” culture by aligning college preparatory services and assistance across all Promise Community programs with participants meeting college track criteria.

### Purpose

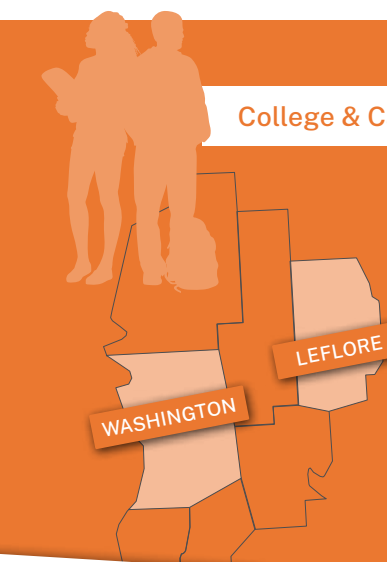
- To prepare students to be successful after high school, primarily focused on college and career success

### Services

- Weekly college knowledge lessons
- Assistance with ACT Prep, FAFSA, and applying to college
- College field trips
- Guidance and support for summer opportunities

Targeted Population
Grades 11th-12th
Contact
Jon Delperdang (662) 390-3110 <a href="mailto:jdelperdang@deltahealthalliance.org">jdelperdang@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



## Financial Literacy

The Financial Literacy program teaches high school students and adult community members about basic money management and provides strategies so they can make wise decisions.

### Purpose

- To prepare students to be successful after high school, primarily focused on college and career success

### Services

- Free five-week financial literacy bootcamp

Targeted Population
Students in grades 11th-12th, all adult community members
Contact
Katelyn Ables (662) 390-6846 <a href="mailto:kables@deltahealthalliance.org">kables@deltahealthalliance.org</a>

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.





## GREAT

Getting Ready to Excel, Achieve, and Triumph

GREAT is a workforce development program that equips young adults with the skills to further their education and build a career. Participants can gain certifications in medical fields and multiple other trades.

### Purpose

- To establish a new talent pipeline of industry-led workforce training and certifications

### Services

- Career Navigation
- Financial Literacy
- National Career Readiness Certification
- Short-term workforce development certification opportunities

Targeted Population
Ages 18-24
Contact
Katelyn Ables (662) 390-6846 kables@deltahealthalliance.org

This project is supported by the U.S. Department of Education's Promise Neighborhood grant program.



## UtmostU College Mentoring

The College Mentoring program is part of a college support network through the nonprofit UtmostU. DHA provides coaches to students in college and the early stages of their career, allowing us to extend our services beyond high school graduation. Because participants are on various college campuses, services are provided virtually. Through coaching calls and ongoing support as needed, College Mentoring aims to be part of the foundational success of young professionals from our service areas.

### Purpose

- To be a support system for young professionals during college and the early stages of their career

### Services

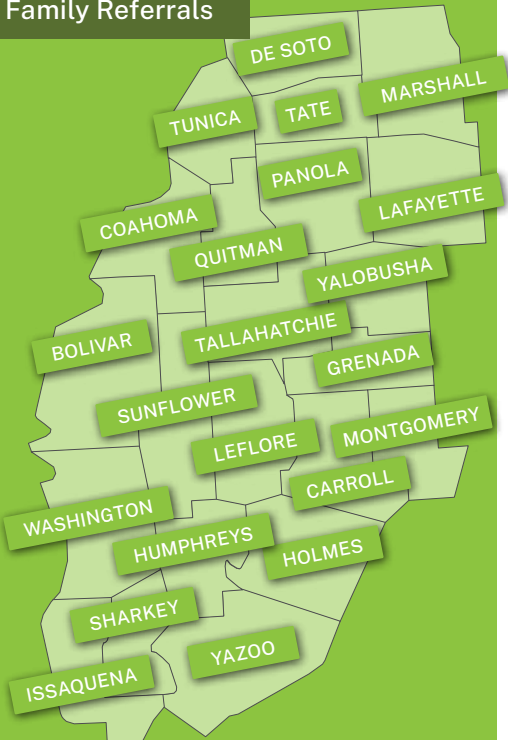
- Bimonthly individual college and career coaching calls
- Regular group calls to cover common topics related to college completion, job interviews, financial literacy, and more
- Emergency stipend to help cover immediate needs (i.e. tuition, books, supplies, etc.)
- Incentives including gift cards, access to mental health services, and a free phone plan

Targeted Population
18-22 year olds
Contact
Jon Delperdang (662) 390-3110 jdelperdang@ deltahealthalliance.org

This project is supported by UtmostU.

Early Childhood Resources

Family Referrals



## Delta Family Resource & Referral (R&R) Centers

Delta Family R&R Centers provide early childhood resources and family referrals via outreach activities at 12 locations serving 22 counties. Each center includes a lending library to provide families, childcare providers and educators with easy access to books, toys, puppets and more. The R&R grant also includes training services for teachers to receive credit for Continuing Education Units.

**Purpose**

- To support families and Early Childhood professionals by increasing access to educational resources

**Services**

- \$0 cost resource & referral services
- A lending library for families and childcare providers
- Assistance to families to find and choose childcare settings
- Training workshops
- On-site technical assistance for directors and classroom teachers
- Support for local emergency preparedness and disaster recovery efforts at the request of MDHS

Targeted Population
Anyone interacting with children under the age 12
Other Eligibility Requirements
None
Contact
Brooks Ann Gaston (662) 820-6947 <a href="mailto:bgaston@deltahalliance.org">bgaston@deltahalliance.org</a>

This project is supported by the Mississippi Department of Human Services (MDHS).

## Delta SAFE

Delta SAFE provides a pipeline of services for victims of domestic violence and sexual assault, offering behavioral health support and access to necessities such as housing, food, and clothing. The program aims to implement new and updated victim services that are informed by the experiences of victims themselves. DHA's research team regularly collects and analyzes data and conducts program evaluations to ensure Delta SAFE meets the needs of Delta residents.

**Purpose**

- To foster collaboration, implement services and support informed by victims, and conduct evidence-based evaluations of outcomes.

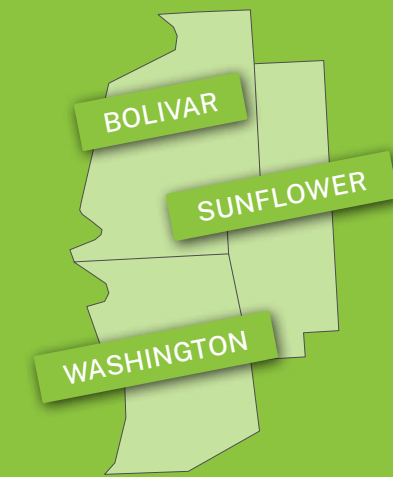
**Services**

- Behavioral health services
- Free Delta Wellness Center gym membership and self defense class
- Emergency relief and support services
- Reduced or free legal services

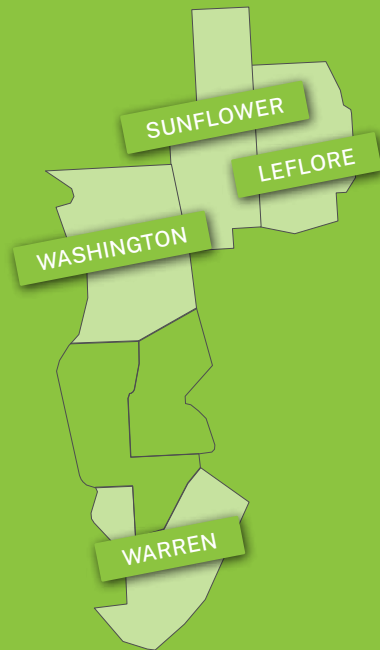
Targeted Population
Residents affected by domestic violence and sexual assault, especially those living in poverty and/or rural communities
Other Eligibility Requirements
Domestic violence victim or a family member
Contact
Barbara Ann Beckham (662) 686-3912 <a href="mailto:bbeckham@deltahalliance.org">bbeckham@deltahalliance.org</a>

This project is supported by the Administration for Children and Families.

Community Quality of Life



Infant & Toddler Safety



### Delta Safe Families Collaborative

Delta Safe Families Collaborative provides information and resources aimed at preventing unintentional injuries to children from preventable accidents like injuries from falling furniture, improper car seat installation, and uncovered electrical outlets. The program assists with securing car seats, smoke detectors, and other injury prevention items.

**Purpose**

- To reduce unintentional injuries among infants and toddlers

**Services**

- Case management
- Highly trained staff
- Community awareness events
- Free safety supplies
- Free safety training for parents with children 0-5
- Free safety training for pregnant mothers
- Free safety training for childcare centers

Targeted Population
Pregnant women and families with children 0-5 years old
Other Eligibility Requirements
Residents of service area
Contact
LaToya Dixon (662) 378-6260 <a href="mailto:llee@deltahealthalliance.org">llee@deltahealthalliance.org</a>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

### Sesame Street in Communities

Sesame Street in Communities gives free tools and resources to parents and families that address the developmental, physical, and emotional needs of young children.

**Purpose**

- To equip families with the tools to address children's developmental needs

Find out more online [sesamestreetincommunities.org](http://sesamestreetincommunities.org)

Targeted Population
All ages
Other Eligibility Requirements
Residents of service area
Contact
Leigh Anne Gant (662) 686-3863 (662) 390-3544 <a href="mailto:lgant@deltahealthalliance.org">lgant@deltahealthalliance.org</a>

This project is supported by the Sesame Street in Communities (SSIC) Foundation.

Community Quality of Life



## Community Health Worker (CHW) Hub

## LEADS

Leadership, Education, Action, Development, & Sustainability

Delta Health Alliance seeks to serve as a Regional Community Health Worker Hub actively engaging with area municipalities, churches, public housing, barbershops, beauty salons, healthcare systems, and community pharmacies in the deployment, use, and ongoing support of CHWs to support the Mississippi Delta Health Collaborative's goal of improving blood pressure control among rural communities of the Mississippi Delta.

The LEADS initiative is a comprehensive pipeline approach to overcoming barriers to employment. Career Navigators work one-on-one with individuals to identify their personal career goals, catalog current skills and resources, enroll in existing rapid training programs for in-demand certifications, and provide career placement services including linkages to mentorship opportunities and assistance with resumes and practice interviewing.

### Purpose

- To improve blood pressure control

### Services

- Connect Delta residents with medical providers to screen for high blood pressure and associated risk factors
- Link individuals with high blood pressure to providers for treatment
- Assist patients with completion of blood pressure self-management education programs
- Establish two-way referral systems between community programs and healthcare providers

Targeted Population
Ages 18+
Other Eligibility Requirements
N/A
Contact
Bria Moore (662) 390-6934 <a href="mailto:bbeal@deltahalliance.org">bbeal@deltahalliance.org</a>

### Purpose

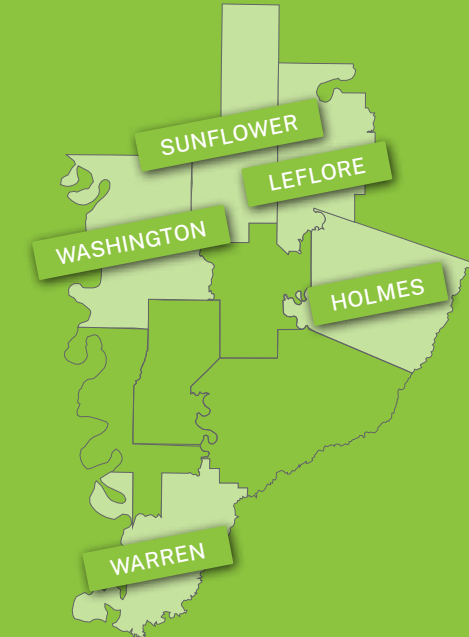
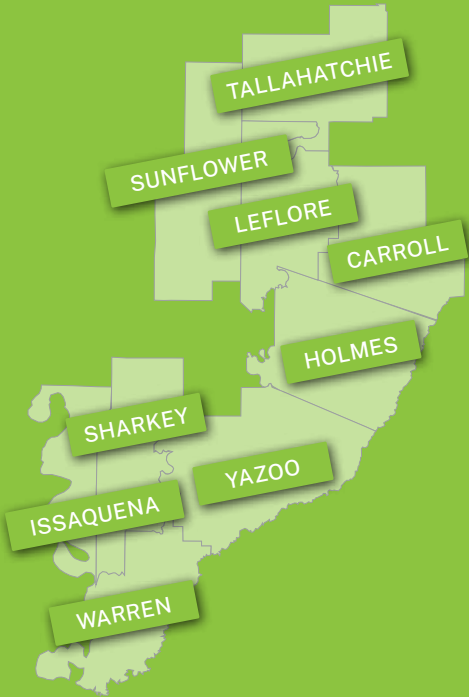
- To overcoming barriers to employment particularly for single parents

### Services

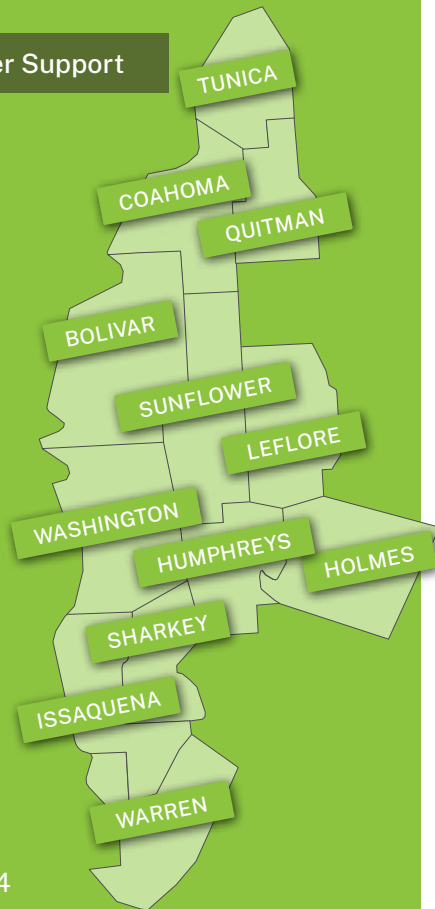
- Career Navigating
- Financial literacy training
- Certification training opportunities

Targeted Population
Ages 18+
Other Eligibility Requirements
<ul style="list-style-type: none"> <li>• Income at or below 130% of the federal poverty level</li> <li>• Single parents</li> <li>• Individuals with disabilities</li> <li>• Underemployed/unemployed</li> </ul>
Contact
Katelyn Ables (662) 390-6846 <a href="mailto:kables@deltahalliance.org">kables@deltahalliance.org</a>

This project is supported by the State of Mississippi.



Career Support



### TORCH

#### Training Our Rural Community Health Workforce

Participants work with local Career Navigators to develop personalized career goals and to enroll in support services. Community Health Worker (CHW) training is accompanied by cross-training in high-value areas, including benefits counseling, medical coding and billing, and service coordination. A paid apprenticeship program provides trainees with real-work experience. The project also incorporates doula into the training program to respond to our region's crippling rates of maternal and infant mortality.

Targeted Population
Ages 18+
Other Eligibility Requirements
<ul style="list-style-type: none"> <li>• High school diploma or equivalence</li> <li>• 5-week Financial Literacy Bootcamp</li> <li>• Complete Career Navigation</li> </ul>
Contact
<p>Tyeshia Green                  (662) 390-3350  <a href="mailto:tygreen@deltahalliance.org">tygreen@deltahalliance.org</a></p>

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS).

#### Purpose

- To establish a pipeline of recruitment and workforce training for Community Health Workers to be placed with rural hospitals, clinics, and other healthcare providers in the Delta

#### Services

- Career Navigation
- Financial literacy training
- Community Health Worker training
- Short-term medical certification training

### WORC 4

#### Workforce Opportunity for Rural Communities

WORC 4 is an innovative program supporting workforce development activities in 19 rural counties in Mississippi. This program targets new entrants into the workforce, veterans and their eligible spouses, incumbent workers, and more gain new skills necessary for high demand jobs in the allied health field. This program provides supportive services in professional development and financial literacy for program participants.

Targeted Population
Ages 18+
Other Eligibility Requirements
Income at or below 130% the federal poverty level
Contact
<p>Katelyn Ables                  (662) 390-6846  <a href="mailto:kables@deltahalliance.org">kables@deltahalliance.org</a></p>

This project is supported by the by the Employment and Training Administration (ETA) of the U.S. Department of Labor (DoL).

#### Purpose

- To establish a pipeline of recruitment and workforce training for Community Health Workers to be placed with rural hospitals, clinics, and other healthcare providers in the Delta

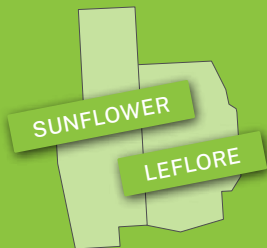
#### Services

- Career Navigation
- Financial literacy training
- Allied health certification training
- ELA and Math education training
- Apprenticeship opportunities

Career Support



\*Additional counties served in Arkansas and Western Tennessee



## WORC 5 / DCCC

Workforce Opportunity for Rural Communities /  
Delta Childcare Careers Collaborative

WORC 5 is an innovative program supporting the local childcare workforce in three distressed counties. Highly trained Career Coaches, recruited directly from the communities served, will work with participants to assess their career goals and needs, then develop a customized Action Plan for achieving those career and economic objectives. Participants will receive comprehensive assistance and access to resources.

Targeted Population
Ages 18+
Other Eligibility Requirements
Incumbent workers at childcare centers
Contact
Tyeshia Green (662) 390-3350 <a href="mailto:tygreen@deltahealthalliance.org">tygreen@deltahealthalliance.org</a>

This project is supported by the by the U.S. Department of Labor (DoL).

### Purpose

- To promote the availability of good jobs in eleven rural childcare centers

### Services

- Assistance with enrollment in training programs
- Access to study groups and professional development programs
- Opportunities for internships and apprenticeships
- Linkages and follow-ups for supportive services
- Access to family support services



435 Stoneville Road,  
Leland, MS 38756  
Phone: (662) 686-3842

[www.DeltaHealthAlliance.org](http://www.DeltaHealthAlliance.org)